

STANDARD

WAVE	CATEGORY	TIME
1	OPEN MALE & FEMALE	8:00AM
2	MALES U/40	8:03AM
3	MALES 40+ & CLYDES	8:06AM
4	ALL FEMALES	8:09AM
5	TEAMS & RYM	8:11AM

**IT IS COMPULSORY FOR SAFETY REASONS THAT
ALL COMPETITORS WEAR A SWIM CAP**

Help us reduce single use plastics at our events by reusing swim caps. You can bring one from home or purchase one on the day.

SPRINT

<i>WAVE</i>	<i>CATEGORY</i>	<i>TIME</i>
<i>1</i>	<i>MALES U/20</i>	<i>9:15AM</i>
<i>2</i>	<i>FEMALES U/20</i>	<i>9:17AM</i>
<i>3</i>	<i>MALES 20-39</i>	<i>9:20AM</i>
<i>4</i>	<i>MALES 40+ & CLYDES</i>	<i>9:23AM</i>
<i>5</i>	<i>FEMALES 20-39</i>	<i>9:26AM</i>
<i>6</i>	<i>FEMALES 40+ ATHENAS, TEAMS & RYM</i>	<i>9:29AM</i>

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SUPERSPRINT

<i>WAVE</i>	<i>CATEGORY</i>	<i>TIME</i>
<i>1</i>	<i>MALE & FEMALE 12-13</i>	<i>10:45AM</i>
<i>2</i>	<i>MALES 14+</i>	<i>10:47AM</i>
<i>3</i>	<i>FEMALES 14+ & ATHENAS</i>	<i>10:50AM</i>
<i>4</i>	<i>TEAMS & RYM</i>	<i>10:52AM</i>

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TRI KIDZ

<i>WAVE</i>	<i>CATEGORY</i>	<i>TIME</i>
<i>1</i>	<i>10-11 YEARS</i>	<i>11:30AM</i>
<i>2</i>	<i>7-9 YEARS</i>	<i>11:45AM</i>

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SANTA DASH

<i>WAVE</i>	<i>CATEGORY</i>	<i>TIME</i>
<i>1</i>	<i>EVERYONE</i>	<i>1:00PM</i>

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