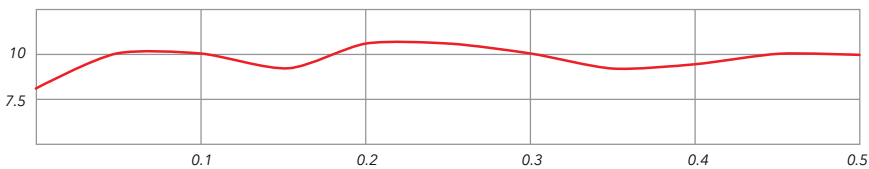


# MINIMAN

7-9  
RUN  
500M  
1 LAP



RUN COURSE ELEVATION



**S** START

**F** FINISH

Peoplecare  
**TRI THEGONG**  
SWIM . BIKE . RUN