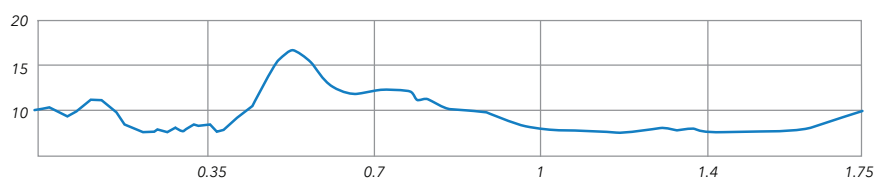


SUPER SPRINT

BIKE
8KM
5 LAPS



BIKE COURSE ELEVATION



- S** START
- F** FINISH
- 1** BIKE TURN

Peoplecare
TRI THEGONG
SWIM.BIKE.RUN

SUPER SPRINT

RUN
2 KM
1 LAP



RUN COURSE ELEVATION



- S** START
- F** FINISH
- 1** RUN TURN

Peoplecare
TRI THEGONG
SWIM.BIKE.RUN