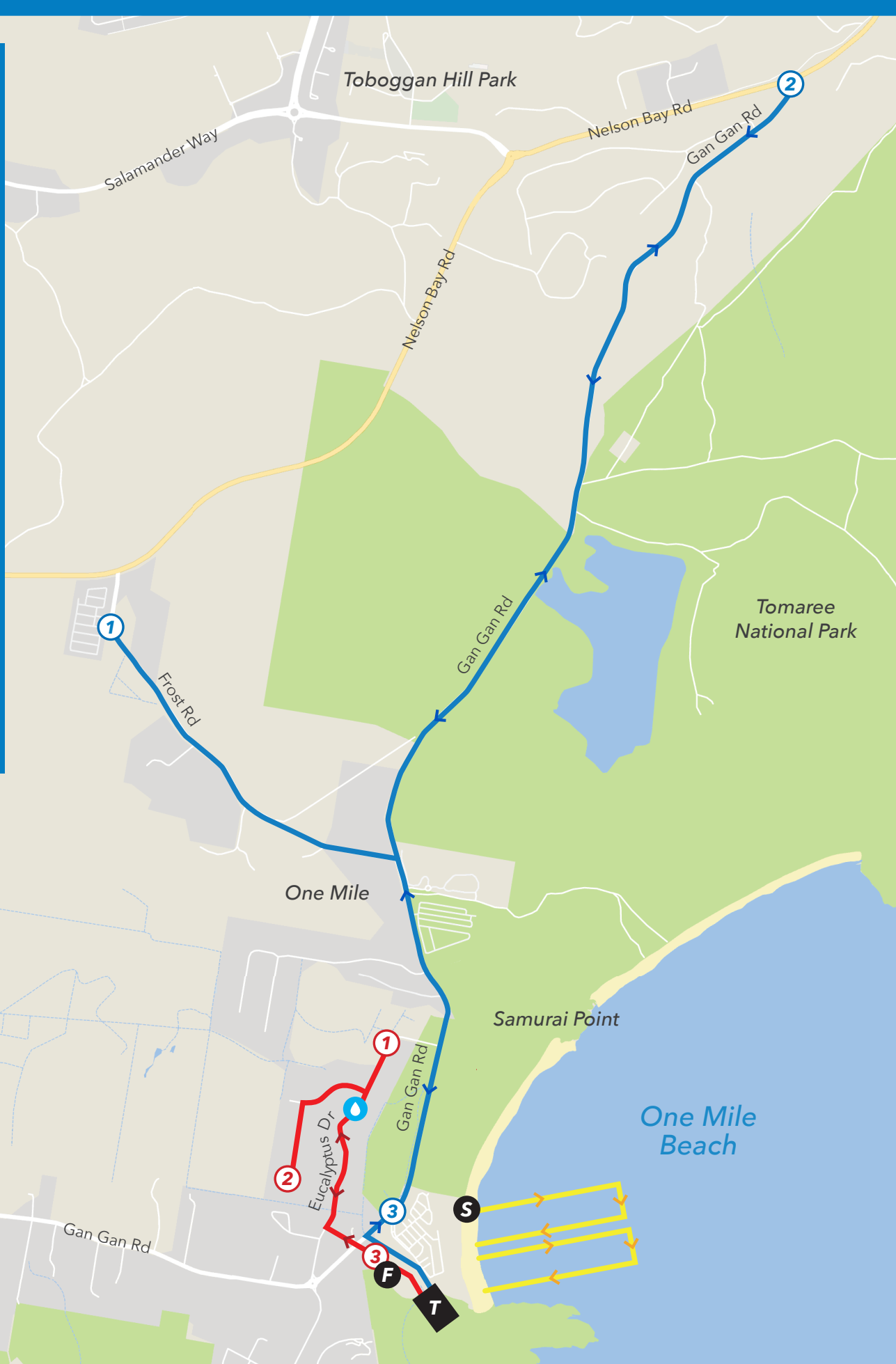


STANDARD



TRIPORT
STEPHENS

- S** START
- F** FINISH
- T** TRANSITION
- 1** BIKE TURN
- 1** RUN TURN
- 1** AID STATION

SWIM 1.5KM

BIKE 37KM (3 LAPS)

RUN 10KM (3 LAPS)