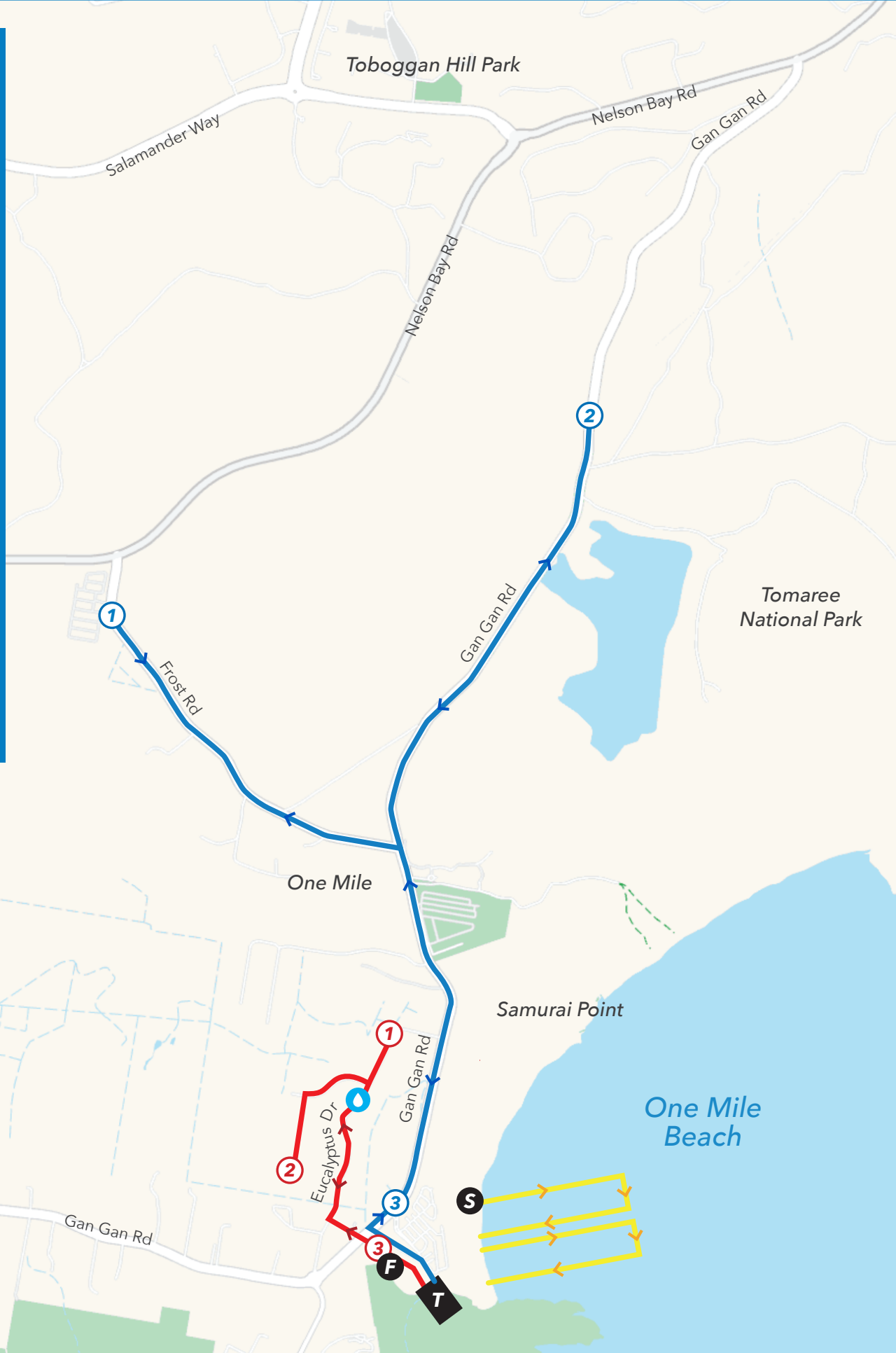


STANDARD



TRIPORT
STEPHENS



START

FINISH

TRANSITION



BIKE TURN



RUN TURN



AID STATION

SWIM 1.5KM

BIKE 40KM (4 LAPS)

RUN 10KM (3 LAPS)