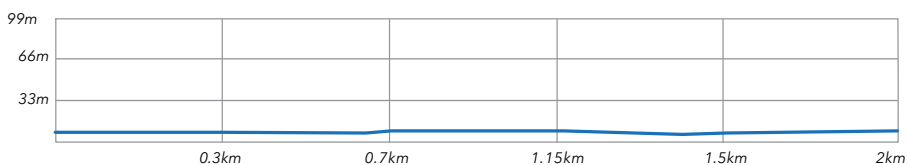


BIKE COURSE ELEVATION - 3M



- 50M SWIM
- 3KM BIKE
- 500M RUN
- F FINISH
- 1 AID STATION